

CITY NEWSLETTER

WWW.CITYRC.CO.UK



ESTD 1863

Monday, 01 Aug, 2024



Top News

Rowing top stories
Interesting updates

Introducing our new quarterly newsletter

As we enter the new year, we are thrilled to announce that our company has experienced significant growth and success in Q1 2023.

Our hardworking team has successfully implemented new strategies and projects, resulting in an increase in revenue and market share.





SAVE THE DATE

SOCIALS

12th Oct 24 - Annual Dinner

ROWING EVENTS

** Dec 24 - Xmas Head

Who's Who

PPresident	- Tony Nelder
Honorary Treasurer	- Claire Berryman
Honorary Secretary	- Camilla Benfield
Captain	- Tom Upton
Vice-Captain (Men)	- Freddie Smith
Vice-Captain (Women)	- Ella Halsall
Vice-Captain (Beginners)	- Omar Terywall
Facilities Manager	- Andy Muston
Fleet Manager	- Sam Luke
Events Coordinator	- John Leighton
Safety Adviser	- The Officers
Welfare Officer	- Jenny Rankin
Membership Secretary	- Tom Watt
Brand Development Officer	- Feargal Murphy
Bar Steward	- Ben Chattell
Social Secretary	- Bernie Shannon
Gym Captain	- Ali Allchin
Kit Officer	- Stu Ladd
	- Ed Gardiner

SPECIAL THANKS TO...



We are a club run by our members where some members go the extra mile in helping the club in one way or another.

If you have ever wondered who the 'Drone Guy' is, that's **Will Hamlyn**.

Tony Say's
Give Ethal a break

Where's that Kept?

- Dustpan and brush - Under the sink
- Vacuum - cleaning cupboard, ladies changing room
- Mop and bucket - as above
- Blue roll - electrical cupboard (ask Bernie)
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- Mop and bucket - as above
- Blue roll - electrical cupboard (ask Bernie)



>>> GYM UPDATE

Gym Captain, Stuart Ladd

New Concept 2 ergs coming next week.

IF using the weights, members MUST use the blue mat

If you notice any issues with the equipment, message Gym Captain, Stu Ladd on gymcapain@cityrc.co.uk

F

FOCUS ON THE FLEET <<<

Fleethouse Manager, , Sam Luke

M4 blades have been moved to the old CRA
Petaluma will be out of action for 2-3 weeks from 2nd August
Singles rack is due for repair

What have I missed?



SAM'S GRIPES

Just walking into the boathouse is enough to upset Sam. Put things back where you got them from. Don't remove things from boats - period! If you absolutely need to, only do so after getting his permission or at least, send him a message to say that you're fiddling with his bits... He won't like it though...

ccrcfleet@gmail.com



Coaches Corner

- No yanking! Soften the finish
- Early catches
- Look after your equipment and the equipment will look after you... or something like that
- Don't row on an empty stomach
- aim for sub 6min 2k's. Anything else is unacceptable



>>> BAR UPDATE

Bar Manager, Bernie

Fridge now stocked up
Ice in mini freezer. If you use it, make sure you replace it
Tea bags on the way
Stop stealing my loo rolls you peasants!

MI CASA ES TU CASA <<<

FACILITIES MANAGER, Andy Muston

Lots of lovely things happening in and around the boathouse.
Toilets are being unblocked. Showers are getting sealed.
Walls being updated etc. etc.
Lots of lovely things happening in and around the boathouse.
Toilets are being unblocked. Showers are getting sealed.
Walls being updated etc. etc.
Issues with Boiler



ANDY SAYS....

Please turn off the bloody lights
Please flush the toilets
Please replace the loo rolls
Please tidy up your shit
Please respect our house



To report any problems - please contact Andy on _____@_____.co.uk

SPECIAL THANKS TO...

PAUL CARTER -

**DID
YOU
KNOW?**

The Cox box and life jack cupboards are the fine carpentry of Mark Glasspool



WIDER COMMUNITY

Homerton



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St Mary's



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