

NEW!



"We're pleased to say that it was enjoyed thoroughly by the entire group. Would highly recommend."

- Judge Business School



"Perfect for corporate team building... Great experience from beginning to end!"

- Faeth Therapeutics



CAMBRIDGE'S QUINTESSENTIAL TEAMBUILDING EXPERIENCE

Experience what it's like to row in an 'eight' on the iconic River Cam, with no prior rowing experience required, whatever your age and whatever your level of fitness*.

Be truly inspired and discover a new aspect of teamwork with the most "Cambridge" day all around. A Perfect Corporate Challenge!

- ✓ Row on the safest boat in the fleet
- ✓ Perfect for all levels of fitness and ages*
- ✓ Lunch and licenced bar available
- ✓ Can cater group sizes of 4 - 100 people*
- ✓ Indoor rowing option, punting and river cruise also available. Suitable for non swimmers

• t&cs apply

✉ info@cambridgerowing.com

🌐 www.cambridgerowing.com

☎ +44 (0)1223 665000



Bespoke Packages

Our signature experience starts from just £595 per boat (8x people) with options to tailor your day. Example packages below



	SIGNATURE EXPERIENCE	SILVER	GOLD
Cambridge Rowing Experience	✓	✓	✓
Photographer	✗	✓	✓
Venue Hire	✗	✓ 1HR 1x bottled drink pp included**	✓ 2HR 2x bottled drinks pp included**
Rowing Caps	✓	✓	✓
T-Shirts*	✗	✗	✓
1x boat - 5-8 people	£595	£975	£1,250
2x boats - 10-16 people	£1,190	£1,595	£2,350
3x boats - 17-24 people	£1,785	£2,215	£3,195
4x boats - 25-32 people	£2,380	£2,780	£3,995
5x boats - 33-40 people	£2,975	£3,395	£4,775
6x boats - 41-48 people	£3,570	£3,995	£5,495

All costs exclude VAT

For group sizes of 50+ please contact us

*Min two weeks required prior to event date
**T&Cs apply

*Ask for details

Get in Touch with Us



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Personalise your own day

Tailor your Cambridge rowing experience with a selection of optional extras, whether you'd like to accommodate smaller groups, add the excitement of a timed race, or row alongside one of our guest rowers.



Four person boat	£350
Timed Race	£500
Cambridge Rowing Medals*	£6 EACH
Photographer 3hrs	£350
Guest rower	£250
Venue Hire 1hr	£150
Venue Hire 2hrs	£250
Rowing Caps	£9 EACH
T-Shirts*	£24 EACH
Cambridge Rowing Fleece*	£35 EACH
Travel arrangements	DISCUSS OPTIONS
Lunch / Post Outing Drinks	DISCUSS OPTIONS
Indoor tank / punting	DISCUSS OPTIONS
Full Day	DISCUSS OPTIONS

All costs exclude VAT



*Min two weeks required prior to event date

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Frequently Asked Questions



No previous experience required nor do you have to be an athlete of any sort to take part! Everyone has an equal chance of success and is kept occupied at all times.

We can tailor each experience based on group size, duration and/or budget. We can mix and match experiences, and also add in other attractions i.e. punting and indoor rowing tank

What are the chances of getting wet and/or a capsized?

Unless it rains, it is *extremely* rare for anyone to get wet. And no, we have *never* had a boat capsized!

Do I need to be able to swim?

No. This is only necessary if you wish to take up rowing as a hobby but not for the experience / team building day. We can also provide lifejackets if anyone feels uncomfortable.

Can we bring Spectators?

Absolutely. We have a stunning clubroom and balcony area where spectators can watch from. Up to 4 spectators per group*.

Can you tailor the event to suit our group?

Absolutely. We can tailor the event based on your requirement i.e. venue hire, duration, group size, abilities and budget.

Some of our group won't row – is that okay?

Absolutely! Non-rowers can join the land training or enjoy a separate activity* while staying fully involved in the day. See pg6

What if it's bad weather on the day?

We can switch this to an indoor session which still includes lifting the boat*

Min/max group size?

Our signature experience is in the same boat as the Cambridge vs Oxford 'eight person' boat but we can accommodate group sizes from as little as 4 to 100 people*.

What if I'm not fit enough... or too old?

Don't worry! This is designed to be a fun experience to bring the team together - and a great opportunity to try the most iconic sport in Cambridge.

Can you accommodate Non-English speaking groups?

Yes, providing they have interpreters in place*. In order to take part in the signature rowing experience, all participants must have a basic knowledge of English language. We can also provide translators at an extra cost. Please contact us for more details.

Can you offer lunch/drinks?

Yes. We have a licenced bar for post outing drinks and also offer a lunch option.

*Ask for details

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RIVER ADVENTURES FOR EVERY TEAM MEMBER

Inclusive activities designed to bring your whole group together.

We offer several brilliant alternatives for participants who prefer not to row. These options run alongside the rowing session so everyone remains part of the shared experience.

1. Enjoy the Atmosphere from Our Clubhouse Balcony

Non-rowers can relax on our beautiful balcony overlooking the river—one of the best vantage points on the Cam. They can watch the rowing crew launch, cheer them on as they pass, or simply enjoy the riverside atmosphere with refreshments.

2. Traditional Cambridge Punting

Just a short walk from the boathouse, your group can set off on a punting tour through the iconic Cambridge colleges. This option is perfect for guests who prefer a gentler experience while still enjoying the magic of the River Cam.

3. Private River Cruise on a 50ft (15m) Narrowboat

For a relaxed river experience, we can arrange for your non-rowers to be collected directly from our club by a spacious open-sided narrowboat. This option keeps the group nearby, allowing everyone to reconnect easily after the rowing session.

4. Walking/Cycling tour

Once the team have taken the boat/s out of the boathouse, we can arrange for non-rowers to be met at the club by a tour guide. They will then lead them into the City to see the best of Cambridge covering all the highlights by foot or by bike*.

Once the water activities conclude, your team returns to the boathouse for food, refreshments or a celebratory drink. The clubhouse can be booked as a relaxed space for:
Lunch or afternoon tea | Informal debriefs | Speeches or awards | Networking and conversation

Tailor the day to suit your group

We design every experience around your needs. Options include:

- All participants row, followed by a group cruise or punting session
- Parallel activities, where some row while others punt or enjoy a river cruise
- Punting or cruising only for groups wanting a gentler day
- Full-day or half-day itineraries
- Catering and drinks arranged through the clubhouse

*T&Cs apply





SIT THE BOAT

Visit a Cambridge Rowing club. Learn the rowing technique, take out our largest rowing boat with the rest of your group - and get to apply the rowing technique ON the water in a stationary boat.

What can I expect?

Step inside a real Cambridge rowing club and experience what it's like to be part of a crew — no rowing experience needed and no need to push off! Learn the technique, explore the boathouse, and take your place in one of our full-sized racing boats, safely secured on the river.

Work together as a team to lift, balance and take a few strokes in perfect sync — then capture the moment with group photos in the boat.

Perfect for those short on time or wanting a relaxed, hands-on team experience.

Suitable for

Non-swimmers | Time restricted groups | Cambridge tourists | Large groups* | Couples | Friends | Corporates | Non-English speakers

Group Size

8-100*

Total Duration

1-2 hours (depends on group size)





BOATS & BLADES

Perfect for any groups on a tight schedule. Here's your chance to make a flying visit to a Cambridge Rowing club, learn the rowing technique and get an opportunity to lift our largest rowing boat with the rest of your group!

What can I expect?

A tour around a Cambridge Rowing club, the gym and the boatbay. You will get to understand the different types of boats that you see on the river AND get the opportunity to lift an VII boat (same as Cambridge Vs Oxford Boat race) over your heads. In the gym, you will be shown the rowing stroke on a rowing machine (ergometer / ergs) and understand the correct way to use the machine. End the session with pictures of you all holding blades by the river.

Suitable for

Wet and/or windy days | Non-swimmers | 12+ yrs | Cambridge tourists | Large groups* | Short durations | Friends | Corporates | Non-English speakers

Group Size

8-100*

Total Duration

45min - 1hr



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